

Shuswap Band Newsletter

CHIEF & COUNCIL

Chief and Council meetings are currently being held on Tuesday's. If you would like to make an appointment to meet with them please call to book (250) 341-3678.

Cheques are issued and will be available every Thursday.

Wood will be available soon. Members are asked to contact the office and let us know if you need wood. We will keep a list and when the wood is ready it will be delivered to homes.

Firewood Permits for First Nations Harvesting off Reserve:

Firewood permits still apply to First Nations: e.g. a permit is still needed for firewood collection (a free permit for personal firewood or a commercial permit with stumpage for selling firewood)

If you hold a valid status card, you also have the option to apply and get a Free Use Permit for First Nations which can allow for free wood for traditional activities (e.g. teepee poles, firewood, etc).

Chief and Council would like to thank Suzie Thomas for her role and involvement with the Secwepemc Governance Tour. She was the Community Champion and helped with the planning of the governance meeting as well as invited and welcomed everyone.

There will be a Fiscal year (Apr 1, 2015 to March 31, 2016) Financial Audit Reporting on October 11th at 7:00pm at the Band Hall. We are planning to have this live streamed also.

OCTOBER 2016

- CHIEF & COUNCIL
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- COMPREHENSIVE COMMUNITY PLAN
- HOUSING
- CULTURE & HERITAGE
- EMPLOYMENT
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- LANDS & RESOURCES
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HEALTH CENTRE UPDATE

MICHAEL BRYANT – SEPTMEBER 15TH - As the Shuswap Band and the Columbia Valley has struggled with varying degrees of addiction, The Shuswap Band hosted Michael Bryant, Former Attorney General and Bestselling Author of *28 Seconds* at Copper Point Resort on September 15th. A night that began with a dinner to celebrate his twelfth wedding anniversary ended in a jail cell for Michael Bryant when he was charged with dangerous driving causing death and criminal negligence causing death. Speaking publically about how his entire life changed in just 28 seconds, Bryant's is a dramatic story of inspiration, survival, tough choices, and transformation. There was a successful attendance of fifty-seven participants including Shuswap band membership as well as the general public. Bryant spoke about his experiences with addiction as well as focused on Fentanyl as it is an uprising problem throughout the world including the Columbia Valley. Bryant spoke about Naloxone which is used to treat an opioid overdose in an emergency situation. The Shuswap Band's Health Department is registered with the British Columbia Centre for Disease Control (BCCDC) as a certified site for Naloxone education, prescribing, and distribution site. Michael Bryant has graciously agreed to maintain an ongoing relationship with the Shuswap Band's Health Centre employees regarding addictions challenges and programming for the community members. Morgan Floesser, Shuswap Band's Community Support Worker and Shauna Cameron, Shuswap Band's Health Director would like to thank all who attended this event.

DR MANNHEIMER – GENERAL PHYSICIAN He continues to provide medical outreach at the Shuswap Band Health Centre. He is available to see any Shuswap Band Members for doctor services on the 2nd and 4th Tuesday of every month, starting at 12:00. His services are by appointment or drop-in basis – appointments are preferred.

In October the dates he will be here are: October 11th and October 25th
Please contact Shauna for an appointment.

DR. BAKER – NATUROPATHIC DOCTOR Continues to provide alternative medicine including homeopathy, herbalist, and acupuncture, as well as diet (nutrition) and lifestyle.
He will be in the Health Centre on October 24th – please contact Shauna for an appointment.

HEALTHY FOOD BOXES – Food Box pickup is between 12:00-3:00 on food box day. If you do not pick up by 3pm your box will be re-distributed. If you do not pick up your food box, we will assume that you are not interested in the food box program and your name will be removed from the list until you contact Morgan or Shauna to order again.

Food Box Pickup Dates are: October 6th and October 20th from 12-3.

CELEBRATING BEAUTY DAY FOR MEN AND WOMEN – Please come from 10am-3pm on October 21st to the Shuswap Band office for manicures, haircuts, foot care, waxing, reflexology, food, prizes and FUN!

HIV OUTREACH NURSE – Alison Ko, HIV outreach nurse will be in the health centre on October 6th from 1:15am-1:00pm for confidential HIV and Sexually Transmitted Infection (STI) testing. This is a drop-in service.

PURPLE LGHT CAMPAIGN – October is Domestic Violence Awareness month, if you would like a purple bulb to display in your home please contact Morgan Floesser. The Shuswap Band will be participating in the Purple Light Campaign to raise awareness by putting purple lights on the Teepee for the entire month of October.

ABORIGINAL KINESIOLOGIST – Shenoa Runge will be available on October 31st during the morning or after 4pm if ANY band members are interested in learning about how to use the equipment and develop an exercise plan at the local gyms, YPC Fitness or Valley Fitness, please contact Shauna to make an appointment.

For any information about Health Services please contact our Health Professionals:
Health Coordinator, Shauna Cameron (250) 341-3678 ext 1015 or
health@shuswapband.net
Community Support Worker, Morgan Floesser (250) 341-3678 ext 1009 or
modland@shuswapband.net

COMPREHENSIVE COMMUNITY PLAN

The Shuswap Band CCP Goals and Action Items summarizes all of the action identified by the community in 2015 and 2016. Below is a summary of progress made since May 2016:

Shuswap Band CCP Goals and Action Items

CCP Action	Progress
Housing	
Create a housing policy and plan to improve the quality and quantity of houses on-reserve	Complete
Complete a housing plan that establishes housing options, costs, and a long term maintenance strategy	Application Submitted
Apply for funding to support the construction of new houses	Application Submitted. For two duplexes
Complete a Housing Policy that establishes housing development process	Complete
Ensure opportunities to apply for renovation programs are available to members	Application Submitted and funded
Create Development Guidelines that outline best practices for layout, design and landscaping	Within Housing Policy
Continue to work towards increasing Shuswap Band employment rate so that more members can qualify for mortgages	Providing training Opportunities/ Employment Opportunities
Infrastructure	
Work towards improving water quality and sewer expansion projects for the north end water supply	In Progress
Examine possibilities for renewable energy in Shuswap Band's traditional territory	Beginning in 2017
Hold an engagement session to determine which community facilities, if constructed, would bring the most benefit to Shuswap Band, and how they should be configured/combined etc.	Beginning in 2017
Governance	
Work towards increasing governance capacity, implementing systems, pursuing training and adopting laws and codes that enhance governance in the community	Have several policies and Laws in draft. Working on elections Act
Continue to deliver newsletters and augment communications through social media and other media	Complete/ On going/ Use Web-Ex for all Band meetings and information sessions. Updated Shuswap Band Website/ Facebook
Review program delivery and operations on an annual basis	Complete/ On Going
Create a Shuswap Band Youth Council to involve youth in decision making and interest them in governance activities	Beginning in 2017, Opportunities provided.
Economic Development	
Support entrepreneurs and small businesses owned by members through assisting with grant or loan applications, for business start-up or business education	Economic Development Officer

Continue to build relationships with local businesses and foster a health on-reserve economy	Economic Development Officer
Create an Economic Development Plan that outlines investment climate and potential opportunities for growth	Economic Officer
Lands and Resources	
Ensure that all development fits into the policies of the Land Use Plan	In Progress
Create Development Guidelines that outline best practices for layout, design and landscaping	2017-18
Complete a Zoning Bylaw that regulates uses	In Progress
Complete a Decision Process Bylaw or a Development Approval Procedure that establishes consistent information requirements and processes for development, and addresses archeological and environmentally sensitive sites	Using the Community Knowledge Keeper through Kwusem. Using the Remote access to Arch data system
Work towards the purchase of mapping software and building capacity for the creation of a land inventory database	Exploring systems
Create a Lands Committee and Matrimonial Real Property Committee to contribute to and oversee Shuswap Bands process in creating this law	In Progress
Inquire with local law firms to see if they would offer educational workshops or other resources for wills and estate plans	Application Approved
Language and Culture	
Support artists in the community and the sharing of traditional knowledge	Ongoing
Work towards creating a mentor-apprentice training workshop for First Nations language speakers and the language training program	Beginning in 2017
Publicize the First Voices language app so that youth, adults and elders access this resource	Completed
Support the organization of traditional knowledge sharing events in the community	Developing a knowledge Keeper Committee
Build capacity for the creation of a land inventory database that includes archeological sites, by pursuing opportunities for training and software purchase	Completed using Community Knowledge Keeper. Reviewing Membership participation
Work towards creating a shovel-ready Cultural Centre project, and apply for capital funding as it becomes available	2017-18
Hold a community engagement session with elders and any language speakers to discuss the possibility of using a new name	Knowledge keeper committee
Encourage Elders to share and document their stories by holding story telling workshops where recordings can be made of traditional stories	In Progress/training for interviewers being discussed
Health and Wellness	
Work towards expanding and implementing community wellness and unity projects, programs and events and health-supportive infrastructure	Health Program is fully meeting the Contribution Agreement.

Health Programs/Drug and Alcohol program	Completed
Continue the contribution agreement with First Nation Health Authority	Ongoing all requirements being met
Education	
Support the advancement of education, and ensure that Shuswap Band Youth are accessing all available programs	Programs are being offered Exploring a Adult Learning Centre and funding for a trades program
Encourage and support students applying for scholarships from educational institutions and other agencies	Ongoing
Recreation and Youth	
Support youth in the community who would like to engage in cultural, education, health or sports participation	Ongoing
Engage youth in prioritizing construction of any new recreation facilities	Working with all programs
Support outdoor community trips and recreation participation	Ongoing
Create a mentorship program within the current youth activities of Shuswap Band	Reviewing
Social	
Continue to provide programs for parents and children, and work towards expanding programs to promote healthy families	On going within the Health Centre
Connect with Groundswell, an Invermere based food security and permaculture group to partner on workshops or community projects specific to growing local food	In progress via Good Food Boxes
Continue to offer employment workshop	Ongoing within the Education program
Contact other First Nations that have successfully implemented a mentorship program that has resulted in increased employment, and model a program after these success stories	In conjunction with hiring new Economic Development Officer

HOUSING

Chimney Cleaning will be taking place Oct 13 & 14 , the Chimney Cleaner will call the night prior of cleaning to remind you to not light a fire. If your chimney does not need to be cleaned please let us know by calling 250-341-3678. The Bands Insurance requires that the chimneys be cleaned by a Certified Chimney Cleaner. Steve Tristram of the Cleaner Sweep will once again provide the service.

CULTURE & HERITAGE

First Peoples' Cultural Council Arts Program Funding Applications

Emerging Individual Artists – The Individual Artists program is intended for Aboriginal artists who have a demonstrated commitment to their artistic practice in any artistic discipline—visual, music, dance, theatre, literary or media, and including the contemporary practice of traditionally based forms. Please go to the Individuals Program Page for Guidelines and Application Forms.

Sharing Traditional Arts Across Generations - The Sharing Traditional Arts Across Generations Program is intended for Aboriginal arts organizations, collectives and artists who have a demonstrated commitment to their artistic practice in any traditionally based artistic discipline—visual, music, dance or story. The program will assist with projects that have the transmission of traditional arts skills and knowledge as their primary focus. Please go to the Sharing Traditional Arts Page for Guidelines and Application Forms.

Organizations and Collectives - The Organizations and Collectives program is intended for Aboriginal organizations and established unincorporated arts collectives with a demonstrated commitment to Aboriginal arts development and practice. Please go to the Organizations & Collectives Program Page for Guidelines and Application Forms.

Aboriginal Arts Administrator Internships - The Arts Administrator Internship Program will support internship and training opportunities for individuals who have a demonstrated commitment to arts administration and cultural management. Please go to the Internships Program Page for Guidelines and Application Forms.

Aboriginal Youth Engaged in the Arts - The Aboriginal Youth Engaged in the Arts Program is intended to encourage youth participation in creative and artistic activity in all disciplines- visual, music, dance, theatre, literary or media, and including the contemporary practice of traditionally based forms. Projects should implement new arts activities that focus on engaging youth between the ages of 15 and 30. Please go to the Aboriginal Youth Engaged in the Arts Program page for Guidelines and Application Forms.

Please note: For the purposes of this program, the term “Aboriginal artists” includes status, non-status, Métis and/or Inuit
Deadline: Next application deadline is **Monday, October 31, 2016**

There are a couple handbooks that may be of use when writing your proposal. One is “*Artist Grant Proposal Writing Handbook*”, and the other is the “*Arts Portfolio Handbook*”. Both can be found on the FPCC Arts website, or at the Shuswap Band office.

<http://www.fpcc.ca/arts/Programs/>

Secwepemc Elders Council Update – Big thank you to those Elders who attended the SEC Meeting in Kamloops on September 28th. It was a great trip, and lots of ideas and knowledge were shared. We are hoping to continue to attend, depending on weather and location. So if you didn't make the last one, please contact Pauline if you wish to attend one in the future.

Regalia Making – Will be on October 15th from 2-5 PM in the Band Hall. We are looking for an enthusiastic individual to provide child care! Contact me at the Band office or on Facebook if you are interested.

Graveyard Clean Up Update - We will be waiting until the spring to begin the graveyard cleanup. We understand everyone is preparing for winter and busy on the weekends or evenings. I will be tracking down the information of the graves that are there.

Secwepemc Prayer

Kukstéc-kuc Tqelt Kukpi7 t'e skectec-kuc t'e tmicws-kuc.

We thank you Creator for giving us this beautiful earth.

Yucwminte xwexweyt t'e stem ne7elye ne tmiew.

Take care of everything on this earth.

Yucwminte r qelmucw, r mesmescen, r spipyuy'e, r sewellkwe, ell re ststillens-kuc.

Take care of the people, the animals, the birds, and our food.

Knucwete kuc es yegwyegwt.s-kuc.

Help us to be strong.

Kukstéc-kuc Tqelt Kukpi7 t'e skectec-kuc t'e xwexweyt t'e stem.

We thank you Creator for giving us everything that we need.

EMPLOYMENT

Job Posting: ABORIGINAL RESOURCE MANAGEMENT SYSTEM (ARMS) WORKER

Start Date: October 19, 2016
Salary: to be determined
Term: Part-time (17.5hours/week) – term ends March 31, 2017
Oversees: N/A

Reporting to the Director of Operations, the ARMS Worker will oversee the development and implementation of the Shuswap Indian Band Cultural Aboriginal Resource Management System, which is a sophisticated human resources database.

The successful applicant is expected to participate in preparatory training, gather information on Band member skills, training and employment objectives/needs, input this information into the ARMS, build and maintain case files on individual members, and interact with prospective employers and trainers to assist Band members in achieving their career objectives.

The ARMS Worker will have a good understanding of the following:

- Use of Microsoft Word, Excel, Outlook and primary social media tools;
- Importance of maintaining a high level of confidentiality over Band member information; and
- Shuswap Indian Band community, culture and values.

The ARMS Worker will exhibit good interpersonal and communications skills, an ability to work effectively with community members, Band staff, trainers and prospective employers.



The successful candidate will possess a valid BC Driver's License and be willing to travel extensively within the Shuswap Indian Band community and surrounding area.

Please submit a resume, cover letter and references to Terry Babin, dops@shuswapband.net by October 14. Interviews will be held on October 17.

Preference will be given to Shuswap Band members. We thank all for applying, but only those selected for an interview will be contacted.

SHUSWAP BAND CALENDAR

-OCTOBER 2016-

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Massage in Health Centre	6 HIV Outreach Nurse in Health Centre for free and confidential STI & HIV testing Food Box Pickup 12-3	7 BINGO at Band Hall 6pm	8
9	10 OFFICE CLOSED: Thanksgiving 	11 Dr. Mannheimer in Health Centre	12 Massage in Health Centre	13 Chimney Cleaning	14 BINGO at Band Hall 6pm Chimney Cleaning	15 2-5pm Regalia Making
16	17	18 Soup Day 12:00 @ Band Hall	19 Massage in Health Centre	20 Food Box Pickup 12-3	21 BINGO at Band Hall 6pm Celebrating Beauty Day men & women 10am-3pm	22
23	24 Naturopath Dr. Baker in Health Centre	25 Dr. Mannheimer in Health Centre	26 Social Assistance Payment Massage in Health Centre	27	28 BINGO at Band Hall 6pm	29
30	31 Aboriginal Dietician & Kinesiologist in Health Centre Halloween 					

- NOVEMBER 2016 -

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Massage in Health Centre	3 Food Box Pickup 12-3	4 BINGO at Band Hall 6pm	5
6	7	8 Dr. Mannheimer in Health Centre Election	9 Massage in Health Centre	10 Foot Care in Health Centre	11 OFFICE CLOSED: Remembrance Day BINGO at Band Hall 6pm	12
13	14	15	16 Massage in Health Centre	17 Food Box Pickup 12-3	18 BINGO at Band Hall 6pm	19
20	21 Naturopath Dr. Baker in Health Centre	22 Dr. Mannheimer in Health Centre	23 Massage in Health Centre	24	25 BINGO at Band Hall 6pm	26
27	28 Dietician & Kinesiologist in Health Centre	29	30 Massage in Health Centre			

You're invited to a

Knowledge Keepers Luncheon

This will be the initial introduction to a formalized group of our Knowledge Keepers. This is not intended just for Elders, but others in the community who have knowledge to share or are interested in learning and carrying knowledge into the future. For those in the Cranbrook area, and need a ride please contact Pauline Eugene to help arrange.

Where: Shuswap Band Office

When: October 17th, 2016

Time: 11 AM – 3 PM

Contact: Pauline Eugene
Cultural Heritage Coordinator

250-841-3678 ext 1006

heritage@shuswapband.net



List of Candidates Shuswap Indian Band

Nominations for Councillors for General Band Election to be held on November 8, 2016

Persons nominated for Council at the Nomination meeting held on Tuesday
September 27, 2016:

Nominee: Cote, Barbara Ann
Nominated by: Jenna Lynn Jasek
Seconded by: Christine Rose Warbrick

Nominee: Eugene, Timothy Alvin
Nominated by: Cecilia Anne Teneese
Seconded by: Ida Marie Rivers

Nominee: Martin, Dean Lee
Nominated by: Anette Rose Warbrick
Seconded by: Shelly Sky-Blue Tardif

Nominee: Martin, Richard Ellis
Nominated by: Pamela Yolunda Martin
Seconded by: Anette Rose Warbrick

Nominee: Pascal, Rosalita
Nominated by: Dorothy Warbrick
Seconded by: Shynai Diana Rose Borho

Nominee: Sam, Alice Susan (Withdrew)

Nominated by: Shelly Sky-Blue Tardif

Seconded by: Anette Rose Warbrick

Nominee: Stevens, Clarissa Laverne

Nominated by: Jeremy Wayne Martin Stevens

Seconded by: Anette Rose Warbrick

Nominee: Stevens, Laverna Lorraine (Withdrew)

Nominated by: Marjorie Ann Eugene

Seconded by: Ida Marie Rivers

Nominee: Teneese, Cecilia Anne (Withdrew)

Nominated by: Leo Stanley Teneese

Seconded by: Casimer Simon Teneese

Nominee: Thomas, Lawrence


Nominated by: Jacqueline Carol Kathy Joseph

Seconded by: Annanete Eugene

Nominee: Warbrick, Dorothy

Nominated by: Christine Rose Warbrick

Seconded by: Shynai Diana Rose Borho



Gerry Hutchison, MA
Electoral Officer
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ghutchison599@gmail.com

ATTENTION ELECTORS SHUSWAP INDIAN BAND

WITHDRAWL OF CANDIDACY

Please note that subsequent to the deadline for printing Ballots **RICHARD ELLIS MARTIN** has withdrawn his candidacy as for the position of Councillor in the November 8th General Election. His name will remain on the ballot but any votes cast for him will not be counted.



Gerry Hutchison, Electoral Officer

6/10/16

