

# Shuswap Band

## Newsletter

### CHIEF AND COUNCIL

**Chief and Council meetings are currently being held on Wednesdays but will be changing to every Tuesday effective June 14th. If you would like to make an appointment to meet with them please call to book at (250) 341-3678**

Cheques are issued and will be available every Thursday.

**THE BAND OFFICE WILL BE CLOSED EVERY DAY FOR LUNCH BETWEEN 12-12:30 (except Tuesdays when Dr. Mannheimer is here).**

### **BAND MEETING**

The Band Meeting will be on June 22nd at 6pm at the Band Hall.

One of the topics for discussion is going to be on the First Nations Election Act which the band is looking to opt into. We will be presenting information on what this means for the next council election. The Act extends the term for council from 2 years to 4

years and makes other changes that we believe will be positive for the direction of Chief and Council including the ability to hold advance polls to reduce reliance on mail-in ballots.

Chief and Council will be providing individual activity reports at the Band Meeting.

CKK - Community Knowledge Keepers, this is a correlation of title and rights regarding traditional territory use.

Chief Barb Cote attended the Union of BC Indian Chiefs at Seabird Island June 1-2.

### JUNE 2016

- CHIEF AND COUNCIL
- HEALTH CENTRE
- SUMMER PROGRAM
- SOCIAL DEVELOPMENT
- EDLERS GATHERING
- FATHER'S DAY
- HOUSING
- EDUCATION
- WELCOME NEW TEAM MEMBERS
- BIRTHDAYS
- SHUSWAP BAND CALENDAR

There has been some discussion regarding a Peltiq't Energy Group that has recently come to our attention. Chief and Council will continue to review information and provide further details as they become available.

Chief and Council have met with Ministry of Transportation with regards to the Land Replacement/ Highway widening project.

KKCFSS - Councillor Rosalita reported the following: They are currently renovating the K-House, Board members are taking training. The AGA will be July 19th. Annual Audit is complete and is waiting for approval.

Chief Cote met with Bill Bennett and discussed a seat with BOD Columbia Basin Trust.

Chief Cote will be meeting Christy Clark on June 21st and will be taking Band concerns to her at that time.

Chief Cote and three elders will be attending the lot north go Lot 48 (BC Parks) to discuss parking.

Looking at infrastructure deficiencies water system and sewer lines for band member development.

Chief and Council met with Vicki Thomas regarding Salmon Festival September 10th. Pow Wow will be hosted at the "Big White Tent" on September 10th.

Attending monthly meetings with the RFA Group in regards to the reconciliation agreed (RFA) and within the 7 Bands there has been a Minister Rustard granted a one year extension to work towards the final agreement with the province. (Reconciliation Frame Agreement).

Will be attending a unity meeting to gather all 17 Chiefs of the Secwepemc Nation.

Councillor Rosalita and Chief Barb Cote will be attending the FNHA Meeting in Kamloops June 27/28.

We are working with Little Shuswap Indian Band and Splantsin in regards to the Illecllewaet corridor widening.

Councillor Tim is in Spokane on June 15th with Rob Hutton in regards to having representation at the Salmon restoration talks. There hasn't been representation from the Shuswap Band. It is integral that we are involved because our Band was the one Band directly affected by the Grand Coulee Dam in 1934.

The Shuswap Indian Band is seeking a artist to produce a new logo for the Band. Artists of all ages are encouraged to submit and preference would be for a circular logo.

Please submit to Morgan by July 31st at 4:00 at modland@shuswapband.net or see her in the office.

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## **HEALTH CENTRE UPDATE**

### **DR. MANNHEIMER - GENERAL PHYSICIAN**

He continues to provide medical outreach at the Shuswap Band Health Centre. He is available to see any Shuswap Band Members for doctor services on the 2nd and 4th Tuesday of every month. starting at 12:00. His services are by appointment or a drop-in basis - appointments are preferred

**In June the dates he will be here are as follows:**

**Tuesday, June 14th and Tuesday June 28th starting at 12:00**

Please contact Shauna to make an appointment with him or drop-in to see him.

### **DR. BAKER - NATUROPATHIC DOCTOR**

Continues to provide alternative medicine including homeopathy, herbalist, and acupuncture, as well as diet (nutrition) and lifestyle counselling, etc.

**In June the dates he will be here are as follows:**

**Monday June 13th and Monday June 27th**

### **LIVING LIFE TO THE FULL COURSE**

This course will be run every Wednesday from 12:00-4:00 for 4 weeks starting on June 8th! This course is for adults over the age of 18 who want to learn new ways of dealing with everyday life issues. It is designed to help people understand feelings, thoughts, and behaviours and help you to know what to do about them. LUNCH PROVIDED.

### **HEALTHY FOOD BOXES**

**\*\*REMINDER -** Food box pickup is between 12:00-3:00 on food box day. If you do not pick up by 3pm your box will be re-distributed. If you do not pick up your food box, we will assume that you are not interested in the food box program and your name will be removed from the list until you contact Morgan or Shauna at the Band Office to order again.

**June 16th and 30th are the next food box pickup dates**

### **BEAUTY DAY**

Thank you to everyone who came out to the Shuswap Band's Celebrating Beauty Day on June 7th. There was a FANTASTIC turn out and we will be running another Beauty Day soon. If anyone has any suggestions on what they would like to see at the next Beauty Day please contact Morgan at the Shuswap Band Office.

**For any information about the services above please contact our Health Professionals:**

**Health Coordinator, Shauna Cameron at (250) 341-3678 ext 1015 or  
health@shuswapband.net**

**Community Support Worker, Morgan Odland at (250) 341-3678 ext 1009 or  
modland@shuswapband.net**

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## **SUMMER PROGRAM**

The Shuswap Band's Summer program is just around the corner! In order to organize staff and program we need you to get your registration forms in. Please have all forms in by June 29th at the latest.

**Please contact Morgan at the Band Office for a registration package at (250) 341-3678 ext 1009 or [modland@shuswapband.net](mailto:modland@shuswapband.net)**

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## **SOCIAL DEVELOPMENT**

If you are a student returning to school in the fall and a Shuswap Band Member interested in working for the Band bring if your resume to Dolores Varga, Social Development Manager. We are looking to hire 3 students for Summer Work Experience. These positions will be everything from Summer Kids Camp, answering phones, administration support and some physical work.

**For any more information please contact our Social Development Manager, Dolores Varga at (250) 341-3678 ext 1011 or [dvarga@shuswapband.net](mailto:dvarga@shuswapband.net)**

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## **ELDERS GATHERING**

WILLIAM'S LAKE July 11-14 — Those band Members wishing to attend must contact Dolores no later than June 12th. After that date members will be responsible for their own transportation and lodging costs.

**Please contact Dolores for more information at (250) 341-3678 ext 1011 or [dvarga@shuswapband.net](mailto:dvarga@shuswapband.net)**

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## **FATHERS DAY**



Father's Day is June 19th!

Take your father golfing at Setetkwa Golf Course any of these days:

June 17th, 18th, 19th.

Must pre-register by Monday June 15th with Dolores at the Shuswap Band Office.

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## HOUSING

If you are interested in Band Rental Homes make sure you get your name on the housing list.

We will be experiencing very dry weather conditions. It is very important to clear debris from your yard and make sure grass is mowed.

Old dry wood piles that are close to your house encourage ants, keep these piles away from your homes.

Your home will stay cooler if curtains are kept closed during the day.

If you have a dehumidifier keep it in the basement throughout the hot summer months.

Make sure you have a fire extinguisher that is in good working order.

Check your furnace filter at least once a month, these filters cost very little compared to the cost if they are not changed and you need to repair your furnace.

**For any more information please contact our Housing Manager, Dolores Varga at (250) 341-3678 ext 1011 or [dvarga@shuswapband.net](mailto:dvarga@shuswapband.net)**

## EDUCATION

**Shuswap Band End of School Celebration!**

June 22nd starting at 4PM at Old Band Hall

*Pizza supper*

**Come and celebrate your achievements!**

Students, parents, grandparents..

### **Post Secondary**

Anyone considering to go to Post Secondary or to take training or certification in 2016 please make an appointment with Debra Fisher as soon as possible so that we can include you in this year's budget.

**Education Coordinator, Debra Fisher (250) 341-3678 ext 1014 or [education@shuswapband.net](mailto:education@shuswapband.net)**

## WELCOME NEW TEAM MEMBERS

The Shuswap Band would like to Welcome our new staff Lorena Tegart and Pauline Eugene!

### **Executive Assistant - Lorena Tegart**

Newly appointed Executive Assistant Lorena Tegart is honoured to be part of the exceptional team at the Shuswap Indian Band. Lorena brings 35 years experience in administrative support and is looking forward to the fast paced challenged with her new position. Time away from the office for Lorena, who is a licensed trapper, is spent trapping with her husband on the registered Trapline, spending time on their acreage and enjoying this beautiful country we all call home, hiking, camping and spending quality time with her two granddaughters.

**Feel free to contact Lorena anytime at [ea@shuswapband.net](mailto:ea@shuswapband.net) or (250) 342-6361**

### **Cultural Heritage Coordinator - Pauline Eugene**

Hello! My name is Pauline Eugene, my mom is Annanete Eugene and my grandparents are Charlie and Shirley Eugene. I have a 2 year old son, and his name is Leyland Eugene. I have accepted the position of the Cultural Heritage Coordinator, and am super excited to be “back home” to help our community in any way I can with my skills. I am in the office Monday to Friday 9-4, and look forward to working with the community! I will be reporting regularly, and always open to hearing feedback and suggestions from community members!

**Feel free to contact Pauline anytime at [heritage@shuswapband.net](mailto:heritage@shuswapband.net)**

## BIRTHDAYS

**HAPPY BIRTHDAY TO ALL THAT ARE CELEBRATING BIRTHDAYS IN JUNE! From the Shuswap Band calendar located in the office:**

**June 14th** - Dominique Sam

**June 30th** - JJ Martin

**Our apologies to anyone that we may have missed!  
There is a birthday calendar at the Band Office if you wish to submit birthdays to the newsletter.**

### **CONGRATULATIONS!**

Betty Paul and Henry Burgoyne's Wedding on July 1st at David Burgoyne's place at the point at 1:00. Cards and Honeymoon donations are accepted. Thank you from Mr and Mrs Burgoyne

**June 14 - Happy Birthday  
Dominique, Love Mya, Candice,  
Mom and Nicholas**

**SHUSWAP BAND CALENDAR**

~ JUNE 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Massage in Health Centre	2 Food Box Pickup Day 12-3pm	3	4
5	6	7 10am-3:30pm Celebrating Beauty Day! Hair, Makeup, Reflexology & Professional Bra Fittings!	8 Massage in Health Centre	9 Food Box Orders Due Foot Care in Health Centre	10	11
12	13 Naturopath Dr. Baker in Health Centre	14 Dr. Mannheimer in Health Centre at 12:00	15 Massage in Health Centre	16 Food Box Pickup Day 12-3pm	17 Father's Day Golfing	18 National Aboriginal Day @ Lakeshore Campground Father's Day Golfing
19 FATHER'S DAY Father's Day Golfing	20	21 OFFICE CLOSED - NATIONAL ABORIGINAL DAY	22 Social Assistance Payment Massage in Health Centre School Celebration Band Meeting 6PM	23 Food Box Orders Due	24	25
26	27 Naturopath Dr. Baker in Health Centre	28 Dr. Mannheimer in Health Centre at 12:00	29 Massage in Health Centre	30 Food Box Pickup Day 12-3pm		



~ JULY 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 Massage in Health Centre	7 Food Box Orders Due	8	9
10	11 Naturopath Dr. Baker in Health Centre	12 Summer Camp 1st Day 10am-3pm  Dr. Mannheimer in Health Centre at 12:00	13 Summer Camp at Panorama 10am-3pm  Massage in Health Centre	14 Summer Camp Fishing 10am-3pm  Food Box Pickup Day 12-3pm	15	16
17	18	19 Summer Camp Splash Day 10am-3pm  Mental Health First Aid 9am-4pm	20 Summer Camp at Cranbrook Pools 10am-3pm  Mental Health First Aid 9am-4pm  Massage in Health Centre	21 Summer Camp at Bowling Alley 10am-3pm  Food Box Orders Due	22	23
24	25 Naturopath Dr. Baker in Health Centre	26 Summer Camp Tipi Making & Fire Station 10am-3pm  Dr. Mannheimer in Health Centre at 12:00	27 Summer Program Kayaking/ Canoeing 10am-3pm  Social Assistance Payment  Massage in Health Centre	28 Summer Program at Funtasia 10am-3pm  Food Box Pickup Day 12-3pm	29	30
31						

More event details for July will be in the Newsletter on July 4th.