

Shuswap Band

Newsletter

Chief and Council

Chief and Council will meet every Wednesday each week. If you would like to meet with Chief and Council, call the Shuswap Band Office at (250) 341-3678 to make an appointment.

If you have had a new furnace installed and have not got your furnace ducts cleaned please be advised that there is potentially a very high risk for your ducts to catch on fire. The Shuswap Indian Band will not be responsible for any damage to your home or property if a house fire were to happen. We will be providing this service again in the next couple of weeks and need your assistance getting into your home. To arrange for an appointment, please call Dolores at the Shuswap Band Office at: (250) 341-3678 extension 1011.

AUGUST

- CHIEF AND COUNCIL
- COMPREHENSIVE COMMUNITY PLAN (CCP)
- YOUTH SERVICES
- HEALTH
- EDUCATION & TRAINING
- SOCIAL SERVICES
- BACK TO SCHOOL CELEBRATION
- CULTURE & HERITAGE
- EMPLOYMENT OPPORTUNITIES
- BAND MEETING
- ELDERS COUNCIL
- BIRTHDAYS
- DATES TO REMEMBER

A **Staff & Community First Aid Course** will be offered soon: Please contact the Shuswap Band Office to put your name on the interest list (250) 341-3678

ALL BAND MEMBERS – Can you please provide us with contact information so we are better able to reach you with important events

SHUSWAP BAND WILL PAY FOR ALL PARTICIPANTS FOR THE PAL AND CORE COURSES - PLEASE CALL THE OFFICE TO REGISTER (250) 341-3678

COMPREHENSIVE COMMUNITY PLAN (CCP)

August Update:

Weyt-kp

"Make sure the footprints we leave behind are ones our Children will be proud to walk in"

-McLeod Lake Chief

The Comprehensive Community Plan is owned by all Community Members. It is a planning tool to lead us into Self-Governance. Developed by Members to address specific issues within our own Community.

We have provided opportunities to become a part of the process and recently held a meeting in Cranbrook for the Members living in the areas of Tobacco Plains, Cranbrook and Creston. We will be developing a schedule to ensure all Members have the opportunity to become involved.

Thank you to all the Members that took their time to attend the Comprehensive Community Plan meeting in Cranbrook on August 12th at St Eugene's Mission Resort, there was excellent dialogue.

Action items:

- * Develop Terms of Reference for Committee Members
- * Identify Focus Groups i.e.: Youth, Elders, Men, and Women
- * Hold meeting alternating at Shuswap Band and Cranbrook
- * Secure travel for Members living in Cranbrook/Shuswap Band
- * A description of duties for the Committees
- * Clear outline of the Comprehensive Community Plan (CCP)
- * Research alternating meeting capabilities i.e.: Video conferencing, webinar, Skype

Next meeting date set for September 9, 2015 12:00 noon at Shuswap Band Board Room.

We are working on the Vision Statement and are requesting participation from the Membership - I will have a table set up at the Band Meeting on August 26th, 2015 with a signup sheet.

I am still accepting CCP surveys for the step 2 of the Plan.

Yeri7 - skukwstse'tsemc!!!

Please contact Diana Cote (CCP Coordinator) for any more information at (250) 341-3678 extension 1008 or email at dcote@shuswapband.net

YOUTH SERVICES UPDATE

August Update:

Our Shuswap Summer Program was a great success and has now come to an end. This program was filled with many different outings, friendship building, as well as traditional activities/food, but most importantly, FUN!

We are now working on establishing an ongoing youth group. The focus of the group will be diverse, including but not limited to, teaching the Secwepemc culture, language and traditions, employability skills training, and social responsibility skills such as fundraising and volunteerism. As well as being supported by the Coordinator, the group is run by Elders, membership and youth.



Coming up - ALL FIRST NATIONS CHILDREN:

- 2-day Archery Camp for ages 3-18 on **August 18th & 19th.**
- 2-day Softball Camp for ages 6+ **August 31st & September 1st.**

Coming up - SHUSWAP FIRST NATIONS CHILDREN:

- Possession and Acquisition License (PAL) **August 19th & 20th 5pm-10pm**
- Conservation Outdoor Recreation Education (CORE) **September 14th-17th 5pm-10pm**



**For any information about Youth Services please contact Morgan Odland at
(250) 341-3678 extension 1005 or email youthworker@shuswapband.net**

HEALTH UPDATE



Shuswap Nation Walkathon Contest!!!

Imagine walking the entire Shuswap Nation territory. Why not? Let's join together to explore the territory virtually. This activity contest will begin on September 1, 2015 and end when we have walked the entire territory.

This journey will begin in Invermere and end in Williams Lake. Along the way we will travel through Enderby, Chase, Salmon Arm, Kamloops, 100 Mile House, Savone, Cache Creek, Lilloet, Clinton, Alkali Lake and finally Williams Lake. We will virtually be visiting all of the Shuswap Bands along the way.

Total km's we will be walking is 1372km

How does this work?

For each half hour of physical activity you participate in, you will gain 3km of distance on the trip. We will track our distances weekly. Collectively our goal will be to cover 1372km. Once we have reached our goal distance, we will have a celebration barbeque. There will be prizes for the top 3 people who cover the most distance. There will also be a top prize for anybody wishing to participate in the weight loss portion of this contest.

Please see Shauna at the Band office to sign up and get your contest package!!!

EDUCATION & TRAINING UPDATE



ROCKY MOUNTAIN SCHOOL DISTRICT

TO ALL STAFF and PARENTS

Please join Senior Staff and Trustees in celebrating our
Rocky Mountain School District and welcoming the 2015-2016 school year!

Dates & Locations

Wednesday, September 2nd ~ Kimberley Zone ~ McKim Theatre

Thursday, September 3rd ~ Golden Zone ~ GSS Gym

Friday, September 4th ~ Windermere Zone ~ DTSS Theatre

8:30 – 9:00 a.m. - Visiting and refreshments

9:00 – 10:30 a.m. - Welcome to School Year 2015-2016!

Note to Parents: Since staffs in each Zone have planned the remainder
of the day, please contact your Principal if you are interested in knowing
about the school-based sessions available.

As Summer is coming to an end and School is starting up again, I would like to acknowledge 6 incredible youth that are in Post-Secondary starting September, 2015. The fields of study of these youth are:

- * 2 Chefs
- * 1 Child Counsellor
- * 1 Bachelor of Arts
- * 2 Nurses

We are also very excited for all the other students going back to Elementary School and High School this September.

**For any information about Education & Training please contact Debra Fisher at
(250) 341-3678 extension 1014 or email education@shuswapband.net**

SOCIAL SERVICES UPDATE

The Social Development Worker, Dolores Varga is available in the office from 9:00am-4:00pm Monday to Friday.

Cheques are available for pick up on cheque day between the hours of 9:00am and 4:00pm.

A reminder to have all your information in by the 12th of every month.

The next cheque issue will be on:

August 26th, 2015

For any information about Social Services please contact Dolores Varga at (250) 341-3678 extension 1011 or email dvarga@shuswapband.net

BACK TO SCHOOL CELEBRATION



FOR ALL COMMUNITY MEMBERS RETURNING TO SCHOOL

This will take place at the Old Band Hall on September 2nd, 2015, 12:00 noon, lunch will be provided.

We will be giving each child a new shirt and jeans. Please provide us with your sizes by August 21st at 12:00 noon.

Please contact Dolores Varga (250) 341-3678 extension 1011 or Debra Fisher (250) 341-3678 extension 1014.



CULTURE & HERITAGE UPDATE

A 3-day Field Trip!

Purpose: To Gather Traditional Native Medicines and do a Workshop in Preparation and uses of Medicine Gathered.

Medicines to be gathered are:

Yew Wood

Balsam

Devil's Club

Canbies Lovage

Willow

First Day: Gathering Devil's Club, Glacier Park and Yew Wood and Willow, Mica Dam.

Second Day: Travel to Lumberton to gather Canbies Lovage. (Lumberton is just South of Cranbrook).

Third Day: Will be preparing medicines that have been gathered for food drying. During the preparing of these medicines for drying the participants will be given the recipes on the preparation and uses of what we have gathered as we have learned their uses from our Elders.

Please contact Diana Cote to Sign Up at (250) 341-3678 extension 1008 or email at dcote@shuswapband.net



EMPLOYMENT OPPORTUNITIES

**Shuswap Band
RR#2-3A 492 Arrow Road
Invermere, B.C. VOA 1K2
FAX (250) 341-3683**

We are seeking a self-motivated and highly organized individual to fill the part-time youth worker position to engage and facilitate the Community and Member Youth in appropriate activities and functions that are in line with the Comprehensive Community Plan.

This is a part-time position at 15-20 hours per week.

Preferred Qualifications:

- **Must possess a Grade 12 Diploma or GED Equivalency**
- **Must be 18 years old +**
- **Able to multi-task, organize, and coordinate youth activities with inclusion of the Elders**
- **Good oral and written communication skills**
- **Self-motivated with ability to work independently**
- **Work as a team**
- **Be a good role model for youth and Elders**
- **Current First Aid certificate**
- **Possess a Valid BC Driver's License**
- **Must be willing to undergo a Criminal Records Check**
- **Appreciation of the Culture, Values and objectives of the Shuswap Band**

Remuneration: Salary is commensurate with experience and qualifications

Please submit your cover letter and resume marked "confidential" to:

Terry Babin

Director of Operations

Shuswap Indian Band, Box 2847, Invermere B.C, VOA 1K2

Email: dops@shuswapband.net

Fax: (250) 341-3683

Closing Date: August 28th, 2015 4:00pm MT

More information please call Diana Cote at (250) 341-3678 extension 1008

BAND MEETING – AUGUST 26th, 2015

The Band Meeting will be downstairs at the Old Band Office at 7pm on August 26th. Refreshments will be provided.

Babysitting services will be available for the August 26th Band Meeting. Please let us know by August 20th if you will be requiring this service. We will need to know how many children and their ages. Please call the front desk to sign up (250) 341-3678.

AGENDA - 7:00PM

- Director of Operations Report
- Staff Reports
- Financial Statements
-Larry Eweing
- Market Based Housing
-Matt Ney
- Chief & Council Reports

ELDERS COUNCIL – AUGUST 27th, 2015

Secwepemc Elders Council

<p style="text-align: center;"><u>Meeting Notice</u></p> <p style="text-align: center;"><u>Community</u> Shuswap Indian Band (Invermere, BC)</p> <p style="text-align: center;"><u>Date</u> Thursday, August 27th, 2015</p> <p style="text-align: center;"><u>Time</u> 10:00 am – 2:00 pm</p> <p style="text-align: center;"><u>Location</u> Shuswap Band Hall 4846 Athalmer Rd, Invermere, BC V0A 1K3</p> <p style="text-align: center;">Contact Shuswap Band for directions & accommodation info: Audrey Eugene 1-250-341-3678 or 1-778-526-4819</p> <p style="text-align: center;"><i>Lunch and refreshments provided</i></p> <p style="text-align: center;">Mileage costs are reimbursed for Elders that attend</p> <p style="text-align: center;"><i>Questions please contact SNTC at: 778-471-8200 or library@shuswapnation.org</i></p>	<p>Mission "We are the Secwepemc." "We are keepers of Secwepemc'ecw" "We will recognize and respect our elders as our teachers to share their knowledge and wisdom with Secwepemc."</p> <p>Primary Objectives To unite all 17 Secwepemc bands</p> <ol style="list-style-type: none"> 1. To share the oral history of the Secwepemc'ecw 2. To promote and preserve the Secwepemc language 3. To preserve and document the history of each community 4. To preserve and promote the Secwepemc traditions, culture and spiritual values. 5. To bring youth to all meetings. <ul style="list-style-type: none"> • To help each other out <p>Representation SEC meetings are for all 17 Secwepemc Bands. Youth are strongly encouraged to attend!</p>
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Elders Council Meeting - Is there anyone that can host/billet an Elder from out of town for the Elder's Meeting on August 27th? Please contact the Shuswap Band Office (250) 341-3678

ALL ELDERS WELCOME!

BIRTHDAYS

HAPPY BIRTHDAY TO ALL THAT ARE CELEBRATING BIRTHDAYS IN AUGUST!

Laverna Stevens - August 6th
 Eric Thomas - August 8th
 Betty Paul - August 9th
 Shane Johnson - August 9th
 Cecelia Nokleby-Johnson - August 9th
 Keith Stevens - August 14th
 Lavonne Johnson - August 19th
 Stephanie Eugene - August 20th
 Jenna Jasek - August 23rd
 Alex Eugene - August 28th
 Eric Eugene - August 28th



My apologies to anyone that I may have missed!

There is a birthday calendar at the Band Office if you wish to submit birthdays to the newsletter.

DATES TO REMEMBER

August 3rd - B.C. Civic Holiday
 August 6th - Foot Care Clinic
 August 12th - Cranbrook Luncheon
 August 18th & 19th -Youth Archery Camp
 August 19th & 20th – PAL Course 5pm-10pm
 August 26th - Band Meeting at Band Hall 7pm
 August 27th -Elders Council Meeting
 August 31st & September 1st – Youth Softball Camp
 September 2nd - Back to School Celebration 12:00 noon
 September 9th - CCP Meeting at 12:00 at Board Room
 September 12th - Columbia Salmon Festival 11am-4pm
 September 14th-17th – CORE Course 5pm-10pm
 Late September - "Living Life to the Full" Course
 October 19th-23rd - Seabird Mobile Diabetes Clinic

BIRTHDAY WISHES

I would like to wish Shayne Johnson, Cecelia Nokleby-Johnson and Betty Paul a Happy Birthday!

Love your sister "R" Mom, Dad, nieces, sons, Grand Daughter Mia Rain Viret.

Happy Birthday Auntie Verna!
 Hope you ALL have a good Birthday, great parties also!

From Arlene

PLEASE VISIT OUR WEBSITE TO VIEW THE NEWSLETTER AND OTHER UPDATES/INFORMATION AS IT BECOMES AVAILABLE:

www.shuswapband.net